



ACCIDENTS AND DRINK.
Sixty-five business firms of New York have joined in publishing large advertisements in a campaign against death and disability by accidents. One of these advertisements is devoted entirely to the liquor question. Included among the business houses are the Erie railroad, the Metropolitan Life insurance company, the Amoska Clock company, the Beverage Arms company, Thomas A. Edison, the American Car and Foundry company, and others equally conspicuous. This ad devoted to accidents and their relationship to alcohol says:

"KEEP YOUR FOOT OFF THE BARBOM RAIL—AND KEEP YOUR NAME OFF THIS ACCIDENT LIST.
"SPEND YOUR TIME OUT OF BARS—AND YOU WON'T SPEND TIME IN A HOSPITAL.
"YOU CAN'T HAVE A CLEAR HEAD AND CLEAR EYES—YOU CAN'T HAVE THE STEADY HANDS AND FEEL—YOU NEED IF YOU TAKE JUST ONE (1) DRINK BEFORE OR AFTER WORK.
"ONE MORE DRINK OFTEN MEANS ONE MAY LESS; THEREFORE, QUIT NOW—OR YOU MAY HAVE TO QUIT LATER."

A STRUGGLE ALL UNNECESSARY.
The great load of mingling in the mother's heart when her boy leaves home to make his own way in the world," says Mr. Bryan, "would give way in joyous hope were the soldier removed from the path that he must tread—if he could be kept in the world with no danger of temptation from this measure to mind, morals and life."
The most pathetic struggle this world knows is not the struggle between armed men upon the battle-field; it is the struggle of a mother to save her child from the traps men set for it."

A SIGN OF THE TIMES.
New York: Have Brothers, owners of the largest hog yard in the world, located two miles north of Independence, Ore., lately announced that their hog-drying plants would be converted into a vegetable evaporating plant, and that 400 acres of their ranch would be leased for the purpose of raising vegetables to supply their evaporator. It is also proposed to contract for the crop of other acreage in this section. There is a possibility that the evaporating plant will be moved into Independence, business men having offered to locate the site.

MERELY READJUSTMENT.
Who will make up the revenue lost through national prohibition? It will come from the same place that it does from now, out of the pockets of the people. In the same analysis, liquor traffic as a revenue collector will, of course, make necessary a readjustment of taxation. Congress is finding out a great many methods of raising money for war purposes.

Personal and Local Notes

George J. Rick, Battery E, 144th Field Artillery, arrived in Europe last week.

Geo. W. West is back from a trip to Ravenna, NMS, where he went to attend the funeral of his mother.

Corporal Brent Elliott, Battery D, 144th Field Artillery, arrived last week in Europe with the American overseas expeditionary forces.

The Ladies Aid will meet September 13th at the church room. Owensmouth ladies are all invited to enjoy the social hour. Tea will be served.

L. A. Bristol presented the Gazette family with a box of luscious peaches last week, also some fine grapes. The fruit was grown on Mr. Bristol's ranch near Owensmouth.

C. P. Riddle has installed a pressure air system at the Owensmouth garage, an improvement which is highly esteemed by all who have occasion to inflate auto tires.

Mrs. L. P. Mitchell had as guests on Saturday and Sunday, Mr. and Mrs. F. G. Cross and L. P. Mitchell of Giff County; also Mrs. Clara Garvey and young son of Stockton. The party enjoyed from Corcoran Friday night, arriving here at 5:30 a. m. Saturday. Thomas Edison would probably carry it very ill indeed.—Exchange.

The saloon is ashamed of its best customers.

CATERPILLAR WORK

Plowing, chiseling, etc. All kinds of team work.

JOE McDONALD
Phone 11834 - Owensmouth

HOGS! HOGS! HOGS!

Big type Polands at Van Nuys. A few fancy gilts. One sire of serviceable size.

FOR SALE—Team of young mares, weight 2800, H. Barter, Van Nuys, Route 2. Phone 11743.

FOR RALE CHIEF—No. 8 Stewart track. Inquire Mrs. Owen, 1186 Bradford, South Pasadena.

SELECTIVE SERVICE REGISTRATION

For Men Between the Ages of 18 and 45 Years.

Division of local board No. 1, Los Angeles City, which includes the following voting precincts in the San Fernando Valley: Numbers 662, 663, 664, 665, 666, 667, 668, 669 and 670.

For the convenience of the men who will register Thursday, September 12, 1918, the following places for registration have been provided in this division, and all registrants living within the boundaries of the several subdivisions in which the places designated are respectively located, are requested to register within their own territory.

Registration District No. 1
Place—Tribune office, Zetah, Cal.
Territory—That part of Los Angeles City bounded on the north by the city line; on the west by the city line; on the south by Roscoe street; on the east by Balboa avenue.

Registrars—M. L. Ullensvang, chief registrar; N. A. Gray and Mrs. Herbert Allard.

Registration District No. 2
Place—Library room on Sherman Way, Owensmouth, Cal.
Territory—That part of the city bounded on the north by Roscoe street; on the west by the city line; on the south by the city line; on the east by White Oak avenue.

Registrars—Rev. Geo. R. Graff, chief registrar; Mrs. W. E. Bechtelheimer and Miss Lillian Thompson.

Registration District No. 3
Place—F. A. Kellogg's office, Shinarump, Los Angeles, Cal.
Territory—That part of the city bounded on the north by Roscoe street; on the west by White Oak avenue; on the south by the city line; on the east by Sherman Way, North Sherman Way and South Sherman Way.

Registrars—F. A. Kellogg, chief registrar; John T. Cuthbertson and Miss Alice Hettlinger.

Registration District No. 4
Place—Office of San Fernando Lumber Association Packing House of Grand boulevard, near Mission.
Territory—That part of the city bounded on the north by the city line; on the west by Balboa avenue; on the south by Roscoe street; on the east by Payton avenue, Paolina river and San Fernando city.

Registrars—H. E. Fox, chief registrar; M. M. McCoskey and Mrs. Arthur E. Streeter.

Registration District No. 5
Place—Office of Local Board, Branch City Hall, Van Nuys, Cal.
Territory—That part of the city bounded on the north by Roscoe street; on the west by Sherman Way, North Sherman Way and South Sherman Way.

Registrars—H. E. Fox, chief registrar; M. M. McCoskey and Mrs. Arthur E. Streeter.

Registration District No. 6
Place—Office of Local Board, Branch City Hall, Van Nuys, Cal.
Territory—That part of the city bounded on the north by Roscoe street; on the west by Sherman Way, North Sherman Way and South Sherman Way.

Registrars—H. E. Fox, chief registrar; M. M. McCoskey and Mrs. Arthur E. Streeter.

Registration District No. 7
Place—General Store at southeast corner of Ventura boulevard (State Highway) and Paolina avenue.
Territory—That part of the city bounded on the north by the city line starting at Whitsett avenue; on the east by Balboa avenue; on the south by the city line; on the east by the city line 366.

Registrars—Edward H. Stearns, chief registrar; W. H. Davis and Mrs. Katherine Gwynn.

By direction of Local Board No. 1, Los Angeles City.
(Signed) S. O. HOUGHTON, Chairman.

man Way; on the east by Whitsett avenue.

Registrars—Miss Helen Morgan, chief registrar; Chas. A. Davis and Robert J. Baird.

Registration District No. 8
Place—Paolina General Store, Paolina, Cal.
Territory—That part of the city bounded on the north by the city line; on the west by Whitsett avenue, Payton avenue, Paolina river and the city of San Fernando; on the south by Roscoe avenue and the city line extending from Whitsett avenue north of Lankershim, to Burbank city limits; on the east by the city line.

Registrars—H. P. Cobby, chief registrar; L. Q. Branson and Mrs. Aleatha Lawson.

Registration District No. 9
Place—General Store at southeast corner of Ventura boulevard (State Highway) and Paolina avenue.
Territory—That part of the city bounded on the north by the city line starting at Whitsett avenue; on the east by Balboa avenue; on the south by the city line; on the east by the city line 366.

Registrars—Edward H. Stearns, chief registrar; W. H. Davis and Mrs. Katherine Gwynn.

By direction of Local Board No. 1, Los Angeles City.
(Signed) S. O. HOUGHTON, Chairman.

Hay, Grain, POULTRY

The great round tanks themselves are an easily identified mark. In addition, it is planned to have a great marker on the ground at the best spot for alighting, so that any aviator, new to this location, can immediately find a good spot to make a landing.—San Fernando Press.

FOR SALE—My beautiful Holly Spring Ranch, three miles south of Owensmouth. This ranch contains about 125 acres, and is an ideal place for bees or chickens. Or it would be a fine place for a clubhouse or sanitarium. There is a fine mineral spring; the water has been analyzed and is highly recommended for stomach troubles. There is a two-room house, garage, barn, and hen house, and an orchard containing all kinds of California fruit. Gravity water is piped all around orchard and in the house; 35 barrel cistern; 30 acres can be cultivated. Will divide if desired. Undoubtedly there is oil under this land. Inquire at this office or see S. W. Falter, Owensmouth, Calif. Mention add.

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Ferri-Lin

THE MOST PERFECT TRUE AGRICULTURAL LIM soluble PLANT FOODS.

Attraction For Her. Esther was allowed to sit at the table with the elders at a fire o'clock tea. "Next to whom would you like to sit?" asked the hostess. "Next to the cake, please," answered Esther.

Take your shoes and harness to the Electric Shoe Hospital for repairs.

MARIAN NOTES

School opened Tuesday with Mrs. McClure and Miss Hill as teachers.

Mrs. Bartain of Sinal has been visiting her son, O. E. Bartain, and family.

Mr. and Mrs. E. B. Martin and little daughter Anna Marie of Los Angeles spent Friday with Mr. and Mrs. Harry Butler.

Mrs. E. B. Shaw had as week-end guests her mother, Mrs. Gertrude, and sister, Mrs. Agnes Rudworth, of Los Angeles.

Frank J. Williams, who has been spending the summer at the home of his sister, Mrs. J. G. Showalter, left for his home in Edgerton, Wis., last Thursday.

Mrs. R. B. Smith and two week-ends, Mack and Lucile, spent the week-end at Bakersfield with Mrs. Alex Jeffrey, who has been spending several weeks there.

Miss Allen La Rue of Tujunga, who has been visiting at the home of E. B. Baker, returned to her home Saturday, accompanied by Miss George Baker, who remained over Sunday.

THE FOURTH LIBERTY LOAN

The biggest financial achievements in a nation's history to date is the first three Liberty Loans, are to be eclipsed by the Fourth Liberty Loan. The coming issue will be as large as or larger as the third loan and perhaps larger, dependent upon whether it is finally decided to call six or for eight billion dollars.

No matter what amount it is, the general patriotic Americans, only who care or eight billion dollars is needed and that we will raise it.

Germany's people, faltering at home as their soldiers are faltering beneath their blows in the field, only raised enough in their last loan, we are told, to pay interest on previous war loans.

Turkey's last feeble effort before she left the Central Powers, was to raise twelve million dollars of a proposed thirty-two million dollar loan here in America, summoning its latest financial strength for a task unprecedented in history, will answer with confidence to the call from Washington for whatever sum is set at this time.

If real sacrifice of many comforts will be the means by which many American families swell their purchase of Fourth Liberty Loan bonds. Those whose service flags bear a star of gold will not be inclined to sympathize deeply with those who complain of slight economies in the interest of war funds.

Those who stay at home can make a sacrifice comparable with that of those who go on board ship for overseas duty may be called upon to make at any moment.

G. A. Huffaker, the Purdon tractor agent, will pay \$100 reward through the Automobile Club of Southern California, \$50 for information leading to arrest and conviction of the thieves, and \$50 for recovery of stolen property. G. A. HUFFAKER.

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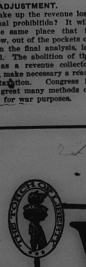
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WAR SAVINGS STAMPS
ISSUED BY THE
UNITED STATES GOVERNMENT

soluble PLANT FOODS.

H. W. ALLEN
PLUMBING, TINNING
PAINTERS'
APPLIES

Owensmouth Gazette

Published Every Friday by

L. P. MITCHELL, Editor and Proprietor.

Entered as second-class matter, January 4, 1913, at the postoffice at Owensmouth, California, under the Act of March 3, 1879.

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One year (in advance), \$1.50; six months, 75c; single copy, 5c.

Advertising Rates on Application.

Phone—Van Nuys 118R1

OWENSMOUTH, CAL., FRIDAY, SEPT., 6, 1918.



120 million Allies must eat

United States Food

ORIGIN OF HOLSTEIN BREED

Comes From the Northern Part of Holland, Where It Was Bred for Centuries.

(Prepared by the United States Department of Agriculture.)
The Holstein-Friesian, commonly known as the Holstein breed, originated in the northern part of Holland where it has been bred for centuries. Holsteins have grown greatly in numbers and popularity in recent years in this country and are most numerous in the United States in the middle Atlantic, middle Western and Pacific sections.



Purebred Holstein Cow.

Holstein cattle are of black and white color. They are docile and even tempered, and good "milkers," and do best when plenty of feed is available. Holstein cows average about 1,200 pounds and bulls 1,800 pounds in weight. The average of milk production is high, but the percentage of butterfat is comparatively low.

Among Holsteins, 3,500 cows that had completed a yearly record for advanced registry averaged 14,827.7 pounds of milk, testing 3.434 per cent butterfat, amounting to 500.7 pounds of fat. The ten highest producers of this breed averaged from 21,565.9 to 28,954.4 pounds of milk, an average for these ten of 25,998.4 pounds of milk. The ten highest Holstein butterfat producers averaged from 1,208.66 to 1,017.28 pounds, an average for these ten of 1,100.60 pounds of butterfat.

often by Government priorities. While there will still be delay in getting the material into some parts of the country, but everything is being done to hasten deliveries, and we hope, before long, to have established regular deliveries to all sections.

If chapters will take steps to their production to the exact kind quantities specifically called for by division, they may feel assured, in the situation being well cared for. This does not mean, however, that women who are willing to work as hard because of lack of opportunity. There is urgent need for other kinds of Red Cross work, as will be seen by statement which follows.

Hospital Garments, Refugee Garments

For months past careful steps have been in progress, not only by the commissions abroad but by our departments in this country, working in cooperation with the army and navy to determine the need for these articles. As a result, definite estimates of their requirements between now and the autumn are in hand and approved as the basis of the following.

The nerve center of the brain is the brain tissue that is on the inside. As the blood carries the food elements to the brain, the brain takes up such of the food as it needs and then sends the material down the nerves into this water that is inside the cells.

In this way the temperature of the body is regulated. It is the governor over the actions of the muscles. The brain is slow and the muscles are quick working and by passage of the white matter of the brain into the muscles the muscles are caused to work slower but more carefully. People all desire to be fast but by rapidity of action they run off the track and become estranged from the things that are around them. People behind the lines in quickened at the front. If the people at the front are not fast and efficient they will lose, therefore, at what we are doing for the civilians of France, Italy and Belgium is just as truly for the fighting man as it is for himself.

could have time to develop it. As food develops our mind and muscles develop by the exercises they get out of the care and study in its production.

Food should be produced not only to eat but merely to look at. And we should eat to consume what we raise instead of eating to fill up a vacant space that appears to be in the belly. When we eat with due consideration the vitality of the food goes directly from the mouth, throat and stomach to the brain because the brain wants it first, otherwise the vital part of the food goes past the stomach into the belly and produces gas and the gas goes into the blood and rises to the head which seeks the brain to thinking at times it desires to be at rest.

People are choosing foods because they are more peculiar to thoughts. It amounts to brain prostitution by forcing the brain to think thoughts that are not its own, like the German women are forced to bear children which belong to the Kaiser and his military commanders. Had the German women desired their children otherwise they never stand to see the massacres that men might rule. It might be well for women to rule if they would rule from the head and not from the alms.

Women's time and minds are mostly given over to gossip and frivolity and frolicking that realities are distasteful and quite impossible. When we buy food we buy air. Atmospheric forces are always destructive. Their vitality has been used in the production of bodies of plants. Then as it is eaten it brings out the flashy colorings to the mind and nerves which spread to the diverse portions of the body.

Objects or persons do not shine until the earth magnetism have gone out and atmospheric forces taken possession. Colors and acts are products of dead cellular matter. When we produce food for the dollars it will bring it less produced for an empty purpose. We must plant the seeds, see these plants come up and grow and develop and set fruit and grow and ripen and be gathered and placed on our tables. These are all and several in the operation of full faith and good conscience in digestion of the food.

Nations may elect for peace because they have exhausted their means for continuing the fight but this condition cannot remove bad cell matter from the blood. The same substance that makes the plants grow also makes the brain cells grow and develop and mature and regenerate. It is the cells failing to regenerate that people want to obtain governing power over others.

Before monarchical government comes home rule. Before home rule is self-rule, and before self-rule is internal cell construction by the food we eat. Cellular construction. Cooked food in the same case cooked plant. The cells are killed, except the gas pressure structures that are too dry to be affected by common temperature of cooking.

C. W. DAYTON, OWENSMOUTH, CAL. THE RED CROSS HUNTER AND FIGHTER.

BUSINESS LOCALS

Dr. O. Amryraud, veterinary surgeon and dentist, who is now located in Van Nuys, can be reached at any time by calling 79-01. All calls promptly attended to.

Go to West's Store and get a fit in Tennis, Men's, Women's and Children's Shoes.

Lime your soil for tomatoes or peas; use Fert-i-time.

IT PAYS TO PAY CASH BETTER GOODS FOR LESS MONEY

Our prices are right and the quality guaranteed. Let us quote you prices. Yours for business,

J. G. GONDON

HELP WIN THE WAR BY BUYING THRIFT STAMPS & WAR SAVINGS CERTIFICATES

The Government needs the money at once! You get 4 per cent interest, compounded quarterly. For further particulars inquire at this bank or the Postoffice!

STATE BANK OF OWENSMOUTH

BUY LIBERTY BONDS FROM UNCLE SAM

A person who has seen the meat of the General Pipe Company's plant has been selling very good and easily handled meat. The great round loaves of meat are as easily handled in addition it is planned great market on the ground spot for shipping, so that a new to this location, can find a good spot to make a San Fernando Press.

FOR SALE—My beautiful Spring Ranch, three miles from Owensmouth. This ranch is about 125 acres, and is an ideal place for a clubhouse or farm. There is a fine mineral water has been analyzed and highly recommended for stomach ailments.

Nations may elect for peace because they have exhausted their means for continuing the fight but this condition cannot remove bad cell matter from the blood. The same substance that makes the plants grow also makes the brain cells grow and develop and mature and regenerate. It is the cells failing to regenerate that people want to obtain governing power over others.

OUR MEAT FROM US! GREAT MARKET C. Proprietor

Blacksmith Shop J. S. Prop'r Blacksmithing and Repair Work Owensmouth, Cal.

Hammered —on rock, sand and gravel by six Test Car Fleets, Goodrich tires have been put to the supreme test of the road and PROVED. Get these tested tires from us.

Owensmouth Garage
C. F. RIDDLE, Prop'r

Free Maps and Touring Information



GOODRICH TESTED TIRES

Send the Home Paper to the Liberty Boys

Temperance Notes

(Conducted by the National Women's Christian Temperance Union.)

WHAT INSURANCE MEN SAY.
"A New York paper recently sent me large life insurance companies this question: "Is it safe, other things being equal, do you consider the habitual user of intoxicating beverages as good an investment risk as the total abstemious? If not, why not?" The replies were: Actins life: "No. Drink dissolves the system."
Barkers' life: "No. For habit is likely to prove."
Buckleys' life: "No. Drink destructive to health."
Fidelity Mutual Life Association: "No. Less vitality and recuperative powers."
Hartford Life: "No. Moderate use lays foundation for disease."
Massachusetts Mutual Life: "No. Drink causes organic changes. Increases expectation of life nearly twenty years."
Michigan Mutual: "No. Drink dangerous to health and longevity."
Mutual Life: "No."
New York Life: "No."
Pacific Mutual Life: "No. Predisposes to disease."
Provident Savings Life Assurance Society: "No. Drink cuts short life expectancy."
Security Mutual Life: "No. Drink shortens life."
Tulsa Central Life: "No. Use tends to shorten life."
Western States: "No. Use affects heart, stomach, liver and kidneys."

IN OUR TOWN.
In our small town there is no bar; no house is sold, in flask or jar; no signs announcing ice-cold beer upon our long main street apron. When we'd announce our drink, we quack our mouth, "Safety First," and to the nearest hydrant trail, and drink three quarts of Adam's ale. Ten thousand people, good and bad, are dwelling in our lovely grid, and when the week of fall is done, and they set forth to have some fun, not one of all that cheer through good looking liquor, red and strong; there is no liquor here to seek, and so the seeker'd be a freak. Of course, it makes a strong man grow, it have some money, all his own, and had he cannot blow it in for fool, refreshing, square-faced gin and steins, in his despair, he buys his children shoes to wear, or gives his wife a large green bill, which should be in the brewer's till, Or driven frantic by the law which has been taken from his law—law devoted by some fine cook—he puts his money in his bank, or buys himself a house and lot, while his wife indigestion bat. The news, or papers print in state a year or prison banks, organized by plain and fancy drunk. It is a stupid life we lead, and much I fear we'll go to need, we ought to have a bogus tin, and put our fall in use again—in Walt Mason.

BEFORE ATTEMPTING TO FLY YOU'D BEST LEARN TO CRAWL.

BUY LIBERTY BONDS & THRIFT STAMPS FIRST!

HAMMOND LUMBER COMPANY
R. E. JOHNSON, Manager
Owensmouth, Cal.

LUMBER
Lime, Plaster and Cement
Sash, Doors and Mill Work
Lath, Shingles and Shakes

"HERE ARE HERE FOR MORE THAN ONE PURPOSE. WILL NOT DENY A SELFISH PURPOSE TO HELP OURSELVES—that is honest, isn't it? We claim to be here, too, for the good of Owensmouth and community. We try to do our share toward public improvements and enterprises. LIVE HERE. Pay our taxes here and do the best we can to uphold our neighborhood. Assist ourselves and us by giving up your business. We will appreciate it.

Hyden Hardware Co.
Owensmouth, Cal.

THRIFT STAMPS ON SALE
War Thrift stamps and war saving certificates, otherwise known as Junior Liberty Bonds, are now on sale at the Owensmouth postoffice. The stamps sell at 25 cents each and the 10-cent Liberty Bonds are payable in 1922, at which time each certificate will be worth \$5.
War Tax Revenue stamps are now on sale at the postoffice. All legal papers now must carry revenue stamps.
All parcel post packages on which the postage is 25 cents or more are required to have affixed a war revenue stamp of 1 cent for each 25 cents in postage.

Know Better.
Teacher was warning to her subject, laying down her book, said: "Now, you all understand that the trunk is the middle part of the body, don't you?"
"Yes, ma'am," chorused the class, with one exception.
"You understand that, too?" asked teacher of the boy who had not answered.
"No, ma'am, because it isn't so."
"Why, my dear boy, what do you mean?"
"Well," replied the boy, "you ought to put the circus and see you circle."

William W. Widenham
GENERAL INSURANCE
Fire, Auto, Contractors' Liability
Compensation, Surety Bonds
SPECIAL LOW RATES ON ALL
DOMESTIC, MARINE, AND
LAW & OCEAN. L. E. C. 24.

THE PRIMITIVE VS. THE DEVELOPED HUMAN.
The day has passed when any intelligent and informed person boasts of the ability to "carry liquor well." Such ability is not a sign of a strong body, but of a weak brain. The brain which is not sensitive to alcohol is an atavistic product. The caveman was probably able to "carry liquor well." Thomas Edison would probably carry it very ill indeed.—Exchange.

CATERPILLAR WORK
Plowing, chiseling, etc.
All kinds of team work.
JOE McDONALD
Phone 1184 - Owensmouth

HOGS! HOGS! HOGS!
Big type Polesands at Van Nuys. A few fancy girls. One pair of servicable sized. Small weaning pigs at all times.

WM. G. LAUBEN
H. J. WHERRY Ranch

LEGAL ADVERTISING

NOTICE FOR PUBLICATION
(Non-Coal Land)
Department of the Interior, U. S. Land Office at Los Angeles, Cal., Aug. 20, 1915.
Notice is hereby given that Elliot Humble, of Corssell, Cal., who, on Dec. 10, 1914, made Homestead Entry, No. 023776, for SW1/4SW1/4, S10SW1/4, S12SW1/4, S14SW1/4, Township 12 N., Range 14 W., S. B. Meridian, has filed notice of intention to make three year proof to establish claim to the land above described, before Register and Receiver U. S. Land Office at Los Angeles, Cal., on the 1st day of October, 1915, at 9:00 A. M.

Claimant names as witnesses: William Kehoe, of Corssell, Cal.; David N. Barrett, of Corssell, Cal.; Joseph Sayers, of Corssell, Cal.; Louis Berger, of Corssell, Cal.
B. P. GROVES, Register.

Joe Moore of Owensmouth has arrived at Camp Lewis, Washington where he has entered the service.

Mr. and Mrs. J. T. Holt have at guests this week Mr. and Mrs. Tapp and two daughters, of Kingsburg, Fresno county.

YOUR LOAN PAYMENTS ARE DUE NOW
Make Loan Payments at the Bank
Parties who subscribed to the Second Red Cross Drive can

NOTICE FOR PUBLICATION
(Non-Coal Land)
Department of the Interior, U. S. Land Office at Los Angeles, July 22, 1915.
Notice is hereby given that Peter F. Heller, of Triunfo, Cal., who, on July 17, 1915, made Homestead Entry, No. 023844 for SW1/4SW1/4, Section 11, and on April 11, 1915, made Homestead Entry, No. 023774 for NW1/4SW1/4, Section 11, Township 12 N., Range 14 W., S. B. Meridian, has filed notice of intention to make three year proof to establish claim to the land above described, before Register and Receiver, U. S. Land Office, at Los Angeles, Cal., on the 1st day of September, 1915.

Claimant names as witnesses: Melvin J. Budge, of Corssell, Cal.; Basile Henry of Corssell, Cal.; James P. Vaughn, of Triunfo, Cal.; Sidney Thew, of Los Angeles, Cal.
B. P. GROVES, Register.

NOTICE FOR PUBLICATION
(Non-Coal Land)
Department of the Interior, U. S. Land Office at Los Angeles, Cal., Aug. 24, 1915.
Notice is hereby given that Mariano Betts, of Chatsworth, Cal., on May 17, 1915, made Homestead Entry, No. 023959, for Lots 6, 7, 8, and Section 14, Township 8 N., Range 17 W., S. B. Meridian, has filed notice of intention to make three year proof to establish claim to the land above described, before Register and Receiver U. S. Land Office, at Los Angeles, Cal., on the 1st day of October, 1915, at 9:00 A. M.

Claimant names as witnesses: A. Claude Traylor, of Chatsworth, Cal.; Fred A. Graves, of Chatsworth, Cal.; John Fisher, of Chatsworth, Cal.; Frank Ruiz, of Chatsworth, Cal.
B. P. GROVES, Register.

NOTICE FOR PUBLICATION
(Non-Coal Land)
Department of the Interior, U. S. Land Office at Los Angeles, Cal., Aug. 20, 1915.
Notice is hereby given that John Fritsch, of Newbury Park, Cal., who, on June 15, 1911, made Homestead Entry, No. 021874 for SW1/4SW1/4, Section 11; S2SW1/4, Section 11; S3SW1/4, Section 11; S4SW1/4, Section 11, Township 20 S., Range 20 W., S. B. Meridian, has filed notice of intention to make three year proof to establish claim to the land above described, before Register and Receiver U. S. Land Office, at Los Angeles, Cal., on the 1st day of October, 1915, at 9:00 A. M.

Claimant names as witnesses: Mark A. Venneman, of Verba Buena, Cal.; Emery Leszjak, of Verba Buena, Cal.; Jacob R. Hoffman, of Verba Buena, Cal.; William Houston, of Verba Buena, Cal.
B. P. GROVES, Register.
Hartman, the Van Nuys jewelry watch and jewelry repairing.

Help Uncle Sam Win the War Against the Kaiser by Buying Thrift Stamps and War Savings Certificates. For sale of Postoffice.
GEO. V. WEST
MEN'S FURNISHINGS

FRUIT AND TREES
ORNAMENTAL TREES
GEO. F. BEALES, Nurseryman and Orchardist
Tree Yard on Sherman Way between Virginia and E
Residence, Shiliner's Apts, Telephone 14. VAN NUYS, CAL.

CURISTENSEN'S GROCERY
We Specialize in
FRESH FRUIT, BERRIES AND VEGETABLES
Phone 8044 Owensmouth, Cal.

OWENSMOUTH FEED & FUEL CO.
Hay, Grain, Wood, Coal
POULTRY SUPPLIES

VERY GOOD AND CHEAP
place. The great round tanks themselves are an easily identified mark. In addition it is planned to make a great marker on the ground at the best spot for lighting, so that any aviator, new to this location, can immediately find a good spot to make a landing.—San Fernando Press.

FOR SALE—My beautiful Holly Spring Ranch, three miles south of Owensmouth. This ranch contains about 135 acres, and is an ideal place for bees or chickens. Or it would be a fine place for a clubhouse or sanitarium. There is a fine mineral spring; the water has been analyzed and is highly recommended for stomach troubles. There is a free-room house, garage, barn, and hen house and an orchard containing all kinds of California fruit. Gravity water is piped all around orchard and in the house; 35 barrel cistern; 30 acres can be cultivated. Will divide if desired. Use doubtlessly there is oil under this land. Inquire at this office or see S. W. Taylor, Owensmouth, Calif. Mention add.

FOR SALE—Team of young mares, weight 2800. H. Barber, Van Nuys, Route 2. Phone 111121.

those lines and invites every mother to join them.

THE FOURTH LIBERTY LOAN
The biggest financial achievements of a nation accustomed to big business, the first three Liberty Loans, are to be eclipsed by the Fourth Liberty Loan. The coming loan will be at least twice as large as the third loan and perhaps larger, dependent upon whether it is finally decided to call for six or for eight billion dollars. No matter what amount it is, we, the great patriotic Americans, only know that six or eight billion dollars is needed and that we will raise it. Germany's people, falling at home as their soldiers are falling beneath Fock's blows in the field, only raised enough in their last loan, are told to pay interest on previous war loans. Turkey's last feasible effort before she quit the Central Powers, was to raise three million dollars of a proposed thirty-two million dollar loan. America, summing up her latest financial strength for a task unprecedented in history, will answer with confidence to the call from Washington for whatever sum is set at this time. Real sacrifice of many comforts will be the means by which many American families will buy their purchase of Fourth Liberty Loan bonds. Those

Ferti-Lime
THE TRUE AGRICULTURAL LIME
soluble PLANT FOODS.
Means the Carbonate of Lime. FERTI-LIME contains 85 per cent pure carbonate, and is absolutely free from CAUSTIC, NO BURN, and contains Ideal Lime for all crops, whether trees, alfalfa, beans or truck farming. Early orders mean prompt delivery.
E. R. ELKINS, Agent.
San Fernando, Cal.
Tel. Red 149

War Time Sweeteners



AMERICA has several excellent war time sweeteners that will be used largely during the shortage in the sugar supply.

They are maple sugar, syrups, honey and molasses and may be used in preparing desserts and other dishes requiring sweetening.

When a cup of syrup or honey is used to replace a cup of sugar the liquid in the recipes should be decreased one-fourth.

One-third of a cupful of sugar is equivalent to one-third of a cup of syrup, about one-half cup of syrup and about one-half cup of corn sugar.

One-fourth of a cup of sugar is equal to about one-half cup of syrup or one-third cup of corn sugar. One spoon of sugar is equal to one tablespoon of honey, about one and one-half tablespoons of syrup and one and one-half tablespoons of corn sugar.

Sugar may be saved by the use of raisins, dates, figs, dried peaches and fruit paste used on the breakfast cereals.

Fruit marmalades, butters and jellies should be used to take the place of the ordinary sweetening at most, not as accessories to it. Fruits may be preserved without sugar. It may be added when sugar is more plentiful.

Preserving demands this year a dry syrup instead of a heavy syrup.

If sugar is used one-half of the amount may be replaced by another sweetener.

Drying is a means of preserving (without sugar) apples, cherries, strawberries and black caps.

When readily to use they have added the needed sugar in the form of a syrup. When sugar is more plentiful fruit juices may be made into jellies or may be used as fruit juices with or without sugar, as beverages, fruit gelatins and frozen desserts.

Fresh fruits supply the place of sugar in the diet. They should be used freely. Desserts where sugar is scarce may be made of gelatins, junkets, custards, puddings and cakes.

HINTS ON MILK PRODUCTION

Cows Should Be Kept Clean and Milked in Clean Surroundings Into Covered Pails.

(Prepared by the United States Department of Agriculture)

After any footbath is produced one of the important things is to see that it is put on the udder in good shape so that it will keep for a reasonable length of time without becoming spoiled. In this time of need for food every effort should be made to prevent any milk spoiling. Cows should be kept clean and should be milked in clean surroundings into a milk-pail of covered metal. All vessels which come into contact with the milk should be thoroughly sterilized with steam for at least half an hour, and milk should be cooled promptly to 50 degrees Fahrenheit or less and maintained at that temperature. Whenever these conditions are met, little milk will be wasted. In this time of terrible destruction of human life it is particularly important to think of the milk of our own, like the German women are forced to bear children which are for the Kaiser and his military commanders. Had the German women desired their children they would never stand to see the massacres that men might kill. It might be well for women to rule if they would rule from the ground and not from the air.

Women's time and minds are mostly given over to gossip and frivolity and frolics that are quite useless and distasteful and quite impossible. When we buy food we buy air. Atmospheric forces in the air are doing their work. Their vitality has been used up in the Calif. N. A. Gray, Chatsworth.

NOTICE

At the regular monthly meeting of the Board of Directors of California Lima Bean Growers Association, held at Oxnard, on August 12th, the following resolution: "Was unanimously adopted and the Secretary was requested to have copies published in various papers.

"Resolved, That we earnestly recommend to each member of all our various local associations that when it comes time to clean up settings, or to have their beans cleaned by hand picking this fall, that they arrange to have this work done on a per day or per pound basis, and absolutely refuse to have settings cleaned up or fields cleaned on the share basis, or through any method by which any of the beans grown on their farms would come into the possession of anyone doing the cleaning or picking.

We also request bean growers not members of our association to cooperate with us in this plan."

COMFORT FOR YOUNG CALVES

Give Them Sun-Lighted Quarters, Milk, Round Grain and Bright Hay—Watch Carefully.

Give the young calf comfortable, sun-lighted quarters, whole milk with the first two weeks, changing to skim milk thereafter; second grain and bright hay in liberal quantities as it will use them; and, with the watchful eye and the liberal hand of the owner, whose interest will see that all changes in feed are gradually made.

NEW CROP BEANS CAN BE SOLD

The Marian Milling Company announces the receipt of a letter from the Federal Food Commissioner for California, reading as follows: "Title I of Special License Regulations No. XI, does not prohibit the issuance from buying or selling, upon or for actual maturity, raw crop dried beans that mature prior to September 1st.

The above will satisfy several growers who have been wondering what to do about selling the Tegan Bean that are now being threshed.

Pacific Electric Time Card

In Effect Thursday, Aug. 24, 1916, between Owensmouth and Los Angeles, as follows:

Leave Owensmouth	Arrive L. A.
6:00 a.m.	7:45 a.m.
6:30 a.m.	8:15 a.m.
7:00 a.m.	8:45 a.m.
7:30 a.m.	9:15 a.m.
8:00 a.m.	9:45 a.m.
8:30 a.m.	10:15 a.m.
9:00 a.m.	10:45 a.m.
9:30 a.m.	11:15 a.m.
10:00 a.m.	11:45 a.m.
10:30 a.m.	12:15 p.m.
Leave L. A.	Arrive Owensmouth
6:15 a.m.	7:30 a.m.
6:45 a.m.	8:00 a.m.
7:15 a.m.	8:30 a.m.
7:45 a.m.	9:00 a.m.
8:15 a.m.	9:30 a.m.
8:45 a.m.	10:00 a.m.
9:15 a.m.	10:30 a.m.
9:45 a.m.	11:00 a.m.
10:15 a.m.	11:30 a.m.
10:45 a.m.	12:00 p.m.
11:15 a.m.	12:30 p.m.
11:45 a.m.	1:00 p.m.

PRICES OF RED HONEY

\$3.00 per gallon, 1 1/2 lbs. net delivered in the first two zones.

\$3.14 per 5-gal., of 61 lbs. net, f.o.b. railway at Owensmouth.

10-gallon package weighs 15 lbs., and the 5-gallons weigh 7 1/2 lbs., as packed for shipment.

Chicago is \$1.00; to New York \$1.25.

C. W. DAYTON, The Red Elm Honey-Mon., Owensmouth, Calif.

REAL STUFF

ACCORDING to Genesis we come from the Northern Part of Hell, where it has been bred for centuries.

(Prepared by the United States Department of Agriculture)

The Holstein breed is commonly known as the Holstein breed, originated in the northern part of Holland, where it has been bred for centuries.

Holsteins have grown greatly in number since its popularity in recent years in this country and are now numerous in the United States in the middle Atlantic, middle Western and Pacific sections.

the lung structure. Those germs we obtain through the lungs grow in the blood, especially in the division, they may feed and multiply, being sent to the rest of the body.

This does not mean, however, women who are willing to be ill because of lack of opportunity to be sent to the rest of the body. Red Cross work, as will be seen, station which follows.

Hospital Garmets, Refuge Co. Genes, etc., Kettled Co.

For months past careful has been in progress, not only on commission about but by elements in this country, working cooperation with the army as to determine the need for titles. As a result, definite of their requirements between the autumn are in hand as served as the basis of the all of work to the chapters. F. side: The nerves in the brain to this water that is on the inside. As the blood carries the brain contraction and the brain food elements to such of the food as it needs and then sends the material down the nerves into this water that is inside the cells.

In this way the temperature of the body is regulated. It is the governor over the actions of the muscles. The brain is slow and the muscles are quick working and by passage of the white matter of the brain into the spinal cord and only regular meal of the day should be eaten at about 12 o'clock, noon.

The germs of food (stays) quiet during the afternoon and until midnight of the first day but soon as the sun crosses the equator on the other side of the earth the germs become active. This it says in the Genesis that Garden of Eden was planted "toward the Eastward." There was no particular location of The Garden, except when the sun is coming around in the East it is so caused by which the plant cells become active.

It don't matter whether these plant germs are in our food or in the garden the effect of the sun is the same. The germs of

ONE ACRE near the grammar school for sale. Inquire Ower, Gazette office.

TURNED AROUND.

"The Judge claims fourteen years." "I think I can get that sentence." "Where would be the sentence that? Reverse fourteen and you've got forty-one."—Pittsburg Chronicle-Observer.

assimilation of food remain dormant during the afternoon and form part of the night, but immediately after midnight your sun turns to come toward the eastern horizon then the germs awaken and become active. The first thing the germs do is to take up and reorganize the carbon dioxide from the blood, and if they cannot get this dioxide then they tear down healthy flesh in order to make it.

When we drink sufficient water there is plenty of dioxide to supply the germs, but if the diet is of cooked foods and warm drinks there will be gas in the blood instead of dioxide and the germs will be destroyed. Plants out of doors feed on gas but the plants in our system feed on the liquid before it forms into gas. This is why it says in Genesis, "In the day that esther thereof thou shalt surely die," meaning the eating of all foods as produce gas instead of oxidizing germs.

C. W. DAYTON, OWENSMOUTH, CALIF.

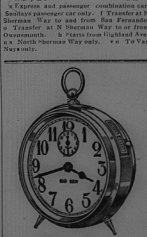


Purebred Holstein Cow.

Holstein cattle are of black and white. They are docile and even tempered, not good "rustlers," and do best when plenty of feed is available. Holsteins now average about 1,200 pounds and bulls 1,800 pounds in weight. The average of milk production is high, but the percentage of butterfat is comparatively low.

YOU can't eat the natural foods and breathe natural air you will have a different form of digestion. If you will go to a little trouble to practice this you can determine if there is any truth in what I am telling you. I am not sending you all this green cheese just merely to clean up but to move you to work and see little for yourself.

Again, if you eat food that is from the ground instead of from the hot stove the digestion will begin at a temperature of 60°, but if you eat food that contains air the digestion will begin at 87°. The purpose of eating is to maintain this 60° temperature and cut down the 86° temperature. We can almost live on air but it must be taken into the blood through



Big Ben

the clock you've read so much about in the magazines, arrived in our store yesterday with 23 others.

They're the finest alarm clocks we've ever laid eyes on. They're built right and right from the ground up. We're practical clock men and we know.

They'll be in our window for the rest of the week and we wish you'd come in and look them over.

On account of increased cost to manufacture, Big Ben and Baby are now \$3 each. Single.

A. E. HARTMAN, Van Nuys

Classified Liners

POINT—A leather hand satchel. J. H. Harro is the name inside. Inquire at Gazette office.

FOR SALE CHEAP—Thoroughbred Airedale pups. Pedigree furnished. M. A. HUTBER.

FOR RENT—5 ROOM HOUSE 1 1/2 MILE south of his school \$25 per mo. Partly furnished. See Mr. Waring at the bank.

FOR SALE—BEAN CUTTER, NEARLY new. E. C. LANGENDER.

FOR SALE—Strawberry plants. Now is the time to set out strawberry beds for fruit next spring. L. F. MITCHELL.

FOR SALE—Hornless Nubian Buck Goat, 1 year old. Mrs. C. W. DAYTON.

LOST—COWS BRAND OK BAR over half. Anyone having knowledge of any stray cows, that brand kindly notify Mr. Lewis, P.O. Santa Monica 66, Park Co. Main 879 Investment Bldg., L. A. Cal.

FOR SALE—ONE OF THE BEST close to home places in Owensmouth. Large corner lot, lawn, flowers, fruit trees, berries, grapes, etc. Seven room house, chicken corner, etc. Owner has purchased acreage near town and wishes to build on it. Will sell home place for less than cost to duplicate it. Inquire Ower, Gazette office.

FOR EXCHANGE—SIXTY ACRES OF alfalfa land at Alhambra. For ten acres in San Fernando Valley. Inquire Gazette office.

FOR SALE—YOUNG JERSEY COW, C.J. Verzon, Chatsworth.

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